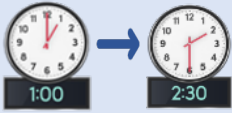


LDN LONDON Community Hubs

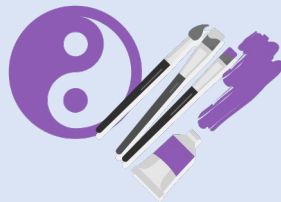
Stay Healthy • Be Safe • Live Well

Monday 29th July

Live Well



1pm to 2:30pm



Art for
Relaxation



With Colin



Community Hub
389a Harrow Road

Wednesday 31st July

Be Safe



1pm to 3pm



Staying Safe



With Nicola



Community Hub
389a Harrow Road

Thursday 1st August

Stay Healthy



11am to 1pm



Yoga and
Taichi



With Laurence
& Colin



The Beethoven
Centre
Meet at the Hub

Friday 2nd August

NEW VENUE



1pm to 3:30pm



Victoria Bound!
Our First Victoria Session



With Luana
& Colin



Victoria Library
Meet at Harrow Road
Community Hub