

What's On in **October**

Tuesday 6 October



2pm to 3pm



Women's Group
Synergy & LDN



Greenwood
Centre

Tuesday 13 October



2pm to 3:30pm



Oral Health



Greenwood
Centre

Tuesday 20 October



2pm to 3:30pm



Happy Healthy Safe with:
Synergy & LDN



Greenwood
Centre

Tuesday 27 October



2pm to 3pm



Men's Group



Greenwood
Centre

