

SERVICES FOR YOUNG PEOPLE

Brandon Centre



Brandon Centre provides young people aged 16-24 counselling and psychotherapy for anyone who lives in Camden or Islington.

Mind Islington



Mind provides mental health support, resources, specialist groups for LGBTQ and therapies for Islington residents. They have life skill workshops, therapeutic wellbeing, group activities and hand in hand peer travel buddy.

London Victim & Witness service



They provide online, phone service and in person support for those who experienced crime. They also provide emotional support, safety planning and guidance through the criminal justice system.

Bright Lives coaching service



It is a 1:1 coaching service for adults who are struggling with their well-being. They help you overcome challenges, set goals and achieve them.

LIFT



Lift offers a large numbers of support services for young people (13-21), which are well-being services, exercise groups & recreational activities.

The Peel



They provide a warm, friendly environment where people can make friends and enjoy their interests by joining youth clubs or community engagements projects, such as food pop ups, meditation group and women's groups.

SENDIASS



SENDIASS is a free, confidential and accessible advice service for families and young people with SEN. They advise on education, health and social care and also helps you understand your rights under SEND law.

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Contact details

Brandon Centre

Email:
counselling@brandoncentre.org.uk
Phone: 020 7267 4792
Address: 26 Prince of Wales Rd,
London NW5 3LG



Mind Islington

Email:
info@islingtonmind.org.uk
Phone: 020 3301 9850
Address: Unit 4, Archway
Business Centre, Wedmore St,
Archway, London N19 4RU



London Victim & Witness service

Email:
survivorsupport@islington.gov.uk
Phone: 0808 168 9111
Address: 3rd Floor, Victim Support,
Singer St, London EC2A 4BQ



Bright Lives coaching service

Email:
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Phone: 020 7527 7488
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LIFT

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The Peel

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SENDIASS

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